REPORT

AGING

A conserved NAD⁺ binding pocket that regulates protein-protein interactions during aging

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DNA repair is essential for life, yet its efficiency declines with age for reasons that are unclear. Numerous proteins possess Nudix homology domains (NHDs) that have no known function. We show that NHDs are NAD⁺ (oxidized form of nicotinamide adenine dinucleotide) binding domains that regulate protein-protein interactions. The binding of NAD⁺ to the NHD domain of DBC1 (deleted in breast cancer 1) prevents it from inhibiting PARP1 [poly(adenosine diphosphate-ribose) polymerase], a critical DNA repair protein. As mice age and NAD⁺ concentrations decline, DBC1 is increasingly bound to PARP1, causing DNA damage to accumulate, a process rapidly reversed by restoring the abundance of NAD⁺. Thus, NAD⁺ directly regulates protein-protein interactions, the modulation of which may protect against cancer, radiation, and aging.

he oxidized form of nicotinamide adenine dinucleotide (NAD⁺) is critical for redox reactions and as a substrate for signaling by the PARPs [poly(adenosine diphosphateribose) polymerases] and the sirtuins (SIRT1 to SIRT7) in the regulation of DNA repair, energy metabolism, cell survival, and circadian rhythms, among other functions (1-3). Raising NAD⁺ concentrations or directly activating the sirtuins delays aging in yeast, flies, and mice (4-6). Increased amounts of sirtuin and PARP1 activity are also associated with improved health and longevity in humans (4, 7). Thus, understanding how cells modulate NAD⁺ and PARP1 activity may shed light on new therapies for major diseases, such as diabetes and cancer, and possibly also the aging process (3, 8).

Whether NAD⁺ has a third role in cells as a direct regulator of protein-protein interactions is a matter of speculation (9). The protein DBC1 (deleted in breast cancer 1) is one of the most abundant yet enigmatic proteins in mammals

*Present address: Department of Biology, St. Louis University, St. Louis, MO 63103, USA. †Present address: Department of Pharmacology, University of Alberta, Edmonton, Alberta T6G 2H7, Canada. ‡Corresponding author. Email: david_sinclair@hms.harvard.edu (10, 11), with a conserved domain similar to Nudix hydrolases that hydrolyze nucleoside diphosphates but lacking catalytic activity due to the absence of key catalytic residues (9, 12, 13).

DBC1 is known to inhibit SIRT1 (*14*), so we tested whether DBC1 might also inhibit PARP1 as a way to coregulate these two major NAD⁺-responsive pathways. In human embryonic kidney (HEK) 293T cells, a SIRT1-independent interaction between DBC1 and PARP1 was detected (Fig. 1A and fig. S1, A and B). The PARP1 inhibitors PJ-34 and 3-aminobenzamide (3-AB) had no effect on the interaction (fig. S1C), nor did overexpression of the adenosine diphosphate (ADP)-ribose hydrolase MACROD1 (MACRO domain containing 1) (fig. S1D) or the PARP1 catalytic mutant, PARP1-E988K (where E988K denotes Glu⁹⁸⁸ → Lys⁹⁸⁸) (fig. S1E). Thus, PARP1-DBC1 binding is independent of PARP1 catalytic activity.

The PARP1-DBC1 complex was abrogated by NAD⁺ in a concentration-dependent manner, whereas the SIRT1-DBC1 interaction was unaffected within physiological ranges of NAD⁺ (*15*), except at 500 μ M (Fig. 1B). This effect was surprisingly specific: 200 μ M of nicotinamide mononucleotide (NMN), nicotinamide riboside (NR), adenosine, adenosine triphosphate, and ADP-ribose, or 500 μ M of nicotinamide and its structural analog 3-AB (2 mM), had no effect on the PARP1-DBC1 complex, and NADH (the reduced form of NAD⁺) (200 μ M) or adenine (200 μ M) were less effective than NAD⁺ (Fig. 1C and fig. S2, A to C).

DBC1 mutants lacking regions outside the NHD (DBC1₁₋₅₀₀ and DBC1₂₄₃₋₉₂₃) behaved similarly to full length DBC1 (Fig. 1C), whereas MACROD1, poly(ADP-ribose) glycohydrolase

(PARG) (fig. S2D), or PARP1 inhibitors (fig. S1C) had no effect. PARP1-E988K behaved similarly to the wild type (fig. S1E and fig. S2E). Carbanicotinamide adenine dinucleotide, a nonreactive PARP1 substrate, abrogated the complex (fig. S2F). Thus, disruption of the PARP1-DBC1 complex by NAD⁺ does not require NAD⁺ cleavage or a covalently attached ADP-ribose.

In HEK 293T cells, FK866, an inhibitor of NAD⁺ biosynthesis (*16*), increased the PARPI-DBC1 interaction (Fig. 1D), as did depletion of NAD⁺ by genotoxic stress (fig. S3A). Interventions that increased NAD⁺ abundance (*5, 17*) decreased the PARP1-DBC1 interaction (Fig. 1, E and F, and fig. S3B). The SIRT1-DBC1 interaction was slightly diminished by FK866, possibly through the sequestration of DBC1 by PARP1 (fig. S3C). Together, these data indicate that NAD⁺ inhibits PARP1-DBC1 complex formation in cells.

To better understand the mechanism by which NAD⁺ inhibits complex formation, we identified the DBC1 domain necessary for interaction with PARP1. A truncated version of DBC1 lacking an NHD conserved region (DBC1_{$\Delta354.396$}) had impaired PARP1 binding in cells (fig. S4, A to D), whereas a recombinant DBC1 mutant containing the NHD domain (DBC1-NHD, residues 239 to 553) bound to a truncated PARP1 lacking the catalytic domain (PARP1- Δ CAT, residues 1 to 654) (fig. S5, A and B) and was not abrogated by NAD⁺, indicating that residues outside the minimal NHD domain may be necessary for NAD⁺ to dissociate the complex.

DBC1 interacted with the BRCT [BRCA1 (breast cancer 1) C-terminal] domain of PARP1 (fig. S6A) (*18*) but not with the PARP1 catalytic domain or PARP2, which lacks a BRCT domain (fig. S6, B to D). A BRCT-deficient PARP1 had higher activity than the wild type (fig. S6, E to F), together indicating that PARP1-DBC1 is mediated by contacts between the NHD and PARP1-BRCT.

We generated an atomic-resolution homology model for the human DBC1-NHD. Our model is based on five known crystal structures of Nudix domains from other proteins (Fig. 2A, fig. S7, and supplementary materials and methods). NAD⁺ had the best fit of all riboside nucleotides. Substitutions of the amino acids predicted to alter NAD⁺ binding inhibited PARP1-DBC1 binding either slightly (K353A and P366A) or substantially (Q391A) (Fig. 2B and fig. S8, A and B). Radio-labeled or biotin-labeled NAD⁺ directly bound to DBC1 (Fig. 2, C and D) and was competed off with unlabeled NAD⁺ (fig. S9, A to D). Partial deletion of the NHD (DBC1_{A354-396}) or Q391A (DBC1_{Q391A}) reduced NAD⁺ binding, whereas Nterminal and C-terminal truncations did not (Fig. 2, C to D, and fig. S9E). Mutation of C387, a residue close to Q391 on the same helix (Fig. 2A), also decreased NAD+ binding (Fig. 2D) and reduced the responsiveness of the PARP1-DBC1 complex to NAD⁺ (Fig. 2E).

PARP1 activity was inhibited by DBC1 in vitro (Fig. 3A). In cells, knocking down DBC1 increased both PAR [poly(ADP-ribose)] concentrations before and after exposure to paraquat, H_2O_2 , or etoposide (Fig. 3B and fig. S10, A to D) and the abundance of mRNAs positively regulated by

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PARP1 (Fig. 3C) (*19*, 20). Reintroduction of wildtype DBC1 reduced PARP1 activity and partially restored gene expression, whereas DBC1_{Q391A} had no effect (Fig. 3C and fig. S10, E and F). Reducing DBC1 lowered the abundance of the phosphorylated form of histone H2AX (γ H2AX) (Fig. 3D), reduced DNA fragmentation (Fig. 3E and fig. S11A), increased cell survival after paraquat treatment (fig. S11B), and increased both nonhomologous end joining (NHEJ) and homologous recombination (HR) pathways in a PARPI-dependent manner (Fig. 3F and fig. S11C). Similarly, NMN treatment reduced the number of γ H2AX foci in paraquat-treated primary human fibroblasts (Fig. 3G and fig. S12). No other major DNA repair proteins appeared to change their interactions with the PARPI-DBC1 complex in the presence of NMN or DNA damage (fig. S13, A and B), though we cannot rule out other interactions. These results are consistent with a model in which binding of NAD⁺ to the DBCI-NHD regulates the two major pathways of DNA repair.

DNA repair declines with age (21), in concert with lower PARP1 activity (7). Our data indicate



Fig. 1. Regulation of the PARP1-DBC1 interaction by NAD⁺. (A) Endogenous DBC1 and PARP1 interact. IgG, immunoglobulin G; IP, immunoprecipitation. **(B)** NAD⁺ dissociates the PARP1-DBC1 interaction. **(C)** Effects of NAD⁺ and structurally related molecules on the PARP1-DBC1 interaction. Flag-DBC1 was incubated with molecules (200 μ M) for 1 hour and then probed for PARP1. NMN, nicotinamide mononucleotide; NR, nicotinamide riboside; WT, wild type.

(**D** to **F**) The PARP1-DBC1 interaction after treatment with (D) FK866 or (E) NMN for 24 hours or (F) in cells overexpressing NMNAT1, an NAD⁺ salvage pathway gene to raise NAD⁺. DMSO, dimethyl sulfoxide; GAPDH, glyceraldehyde-3-phosphate dehydrogenase. Error bars indicate mean ± SEM. (D and E) Oneway analysis of variance (ANOVA) and Sidak's post-hoc correction. (F) Unpaired two-tailed *t* test. **P* < 0.05, *****P* < 0.0001.



Fig. 2. Binding of the Nudix homology domain (NHD) of DBC1 to NAD⁺ and PARP1. (A) Domains and crystallographic-based homology model of the NHD docked with NAD⁺. S1-like, ribosomal protein S1 OB-fold domainlike; EF, EF-hand; LZ, leucine zipper. Residues predicted to be in the vicinity of bound NAD⁺ are highlighted. **(B)** Interaction of V5/His-tagged DBC1 mutants and PARP1. See fig. S8 for additional mutants. **(C** and **D**) Direct

0.78

0.78

0.24

1.06

0.06

0.47

that a cause may be increased binding of DBC1 to PARP1 as NAD⁺ levels decline during aging. To test this, we examined the effect of NMN treatment on young and old mice. Hepatic NAD⁺ concentrations were lower in old mice (Fig. 4A), coincident with a higher amount of the DBC1-PARP1 complex (Fig. 4B) and an increase in γ H2AX staining (Fig. 4C and fig. S14). A week of NMN treatment (500 mg/kg per day intraperitoneally) increased hepatic NAD⁺ concentrations and disrupted the PARP1-DBC1 complex in young (fig. S15, A and B) and old mice (Fig. 4, D and E)

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PARP1/DBC1

and reduced the abundance of $\gamma H2AX$ in old mice (Fig. 4C and fig. S14).

Old mice had lower levels of PARP1 activity (Fig. 4F and fig. S16A) and a decreased response to DNA damage (fig. S16B), and DBC1 knockout mice had increased PARP1 activity (Fig. 4G and fig. S16C). The reduced PARP1 activity in the old mice was restored by NMN (Fig. 4F and fig. S16D) but not if PARP1 activity was inhibited (fig. S16, E and F). Total amounts of poly(ADP-ribosylation) increased with age in the liver (4), possibly due to reduced PARG abundance (fig. S17A). These data

 $\begin{array}{l} \mbox{mean \pm SEM; one-way ANOVA and Sidak's post-hoc correction. ***P < 0.001; \\ n.s., not significant. (E) Effect of NAD^+ on binding of DBC1-NHD mutants to PARP1. Single-letter abbreviations for the amino acid residues are as follows: A, Ala; C, Cys; F, Phe; G, Gly; K, Lys; P, Pro; Q, Gln; S, Ser; and Y, Tyr. \\ \mbox{we of } \gamma H2AX \mbox{ in old mice } \\ \mbox{indicate that the decline in NAD^+ during aging promotes the binding of DBC1 to PARP1, which } \end{array}$

binding of NAD⁺ to the DBC1-NHD, assessed using a radiolabeled NAD⁺

binding assay (C) or a biotin-NAD⁺ binding assay (D). Error bars indicate

IB: V5

Indicate that the decline in NAD⁻ during aging promotes the binding of DBC1 to PARP1, which inhibits PARP1's ability to mediate DNA repair. Similar studies were conducted on old mice exposed to gamma irradiation. NMN treatment (Fig. 4E) reduced DNA damage (Fig. 4H and fig. S17, B and C) and protected against alterations in white blood cell counts, lymphocytes, and hemoglobin, even when given after irradiation (Fig. 4, I and J, and fig. S18, A to C).

IB: PARP1

These data show that NAD⁺ has a third function in cells: to directly regulate protein-protein





per group). See fig. S11A. (**F**) DNA break repair [nonhomologous end joining (NHEJ) and homologous recombination (HR)] in DBC1 knockdown cells treated with paraquat (1 mM) or 3-AB (5 mM). n = 3 biological replicates. (**G**) Protection of human primary fibroblasts from paraquat (PQ)–induced DNA damage (300 μ M paraquat) by NMN (500 μ M). 100 ± 20 cells per condition, n = 4 biological replicates (two cell lines, twice for each), 24-hour treatment. See fig. S12. Error bars indicate SEM; one-way ANOVA [(C) and (G)] and two-way ANOVA [(E) and (F)], Sidak's post-hoc correction. *P < 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001; n.s., not significant.

interactions. We speculate that this mechanism evolved to allow a cell to adapt to fluctuations in NAD⁺ abundance without degrading it and, in the case of DBC1, to serve as a negative-feedback loop to prevent PARP1 from depleting NAD^+ down to lethal levels during DNA damage (15)

(fig. S19). The data also provide an explanation for why DBC1 mutations are associated with cancers (22) and indicate that assessing DBC1 status in



Fig. 4. Increases in the PARP1-DBC1 complex and DNA damage with age are reversed by NMN, a precursor to NAD⁺. (A and **B**) NAD⁺ concentrations and PARP1-DBC1 interactions in livers of young and old mice (6 versus 22 months, n = 3 per group). (**C**) γH2AX-positive cells (red arrow) in the livers of young (6 months, Y) and old (30 months, O) mice (n = 3 per group) treated for 7 days with vehicle [phosphate-buffered saline (PBS)] or NMN (500 mg/kg per day intraperitoneally, n = 3 per group). Scale bars, 50 µm. (**D** and **E**) NAD⁺ concentrations and PARP1-DBC1 interactions in the livers of old mice (22 months) treated as in (C). (**F**) PARP1 activity in young (6 months, n = 4) and old (26 ± 4 months, n = 8 per group) mice. (**G**) PARP1 activity in 18- to 20-month-old

DBC1 knockout mice livers (n = 3 or 4). (**H**) γ H2AX abundance in the livers of 26-month-olds after irradiation (IR) [7.5 grays (Gy), ¹³⁷CsCl], treated as in (C) (n = 3 per group). (**I**) Blood counts of 23-month-olds on the 7th or 8th day after irradiation (n = 10 per group). See fig. S18, A and B. (**J**) Blood metrics of 4-month-olds given a single oral dose of NMN (2000 mg/kg) 1 hour after irradiation (8 Gy, ¹³⁷CsCl), followed by another 7 days of treatment (2000 mg/kg per day, n = 5 to 8 per group). Veh, vehicle. See fig. S18C. Errors bars indicate SEM; unpaired two-tailed t test [(A), (B), (D), (E), and (G)], one-way ANOVA [(C), (F), and (H)], Sidak's post-hoc correction, Mann-Whitney U-test [(I) and (J)]. *P < 0.05, **P < 0.01, ****P < 0.001.

tumors will help inform ongoing clinical trials of PARP1 inhibitors for treating cancer (23). Although the reason NAD⁺ declines with age is unclear, this work provides a plausible explanation for why DNA repair capacity declines as we age (24), pointing to NAD⁺ replenishment as a means of reducing the side effects of chemotherapy, protecting against radiation exposure, and slowing the natural decline in DNA repair capacity during aging.

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SUPPLEMENTARY MATERIALS

www.sciencemag.org/content/355/6331/1312/suppl/DC1 Materials and Methods Figs. S1 to S19 References (25-40)

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Editor's Summary

NAD⁺ binding modulates protein interactions

An unexpected function of the oxidized form of nicotinamide adenine dinucleotide (NAD⁺) could underlie some effects of aging and propensity to age-related diseases. Li et al. found that the protein DBC1 (deleted in breast cancer 1) contains a domain that specifically binds NAD⁺. Binding of NAD + inhibited the interaction of DBC1 with PARP1 [poly(adenosine diphosphate – ribose) polymerase 1], an enzyme important in DNA repair. Activity of PARP1 is inhibited by interaction with DBC1. Thus, the reduced abundance of NAD⁺ associated with aging may decrease PARP1 activity by promoting the interaction of PARP1 with DBC1. This mechanism could help explain the reported rejuvenating actions of NAD⁺ supplementation in older animals. Science, this issue p. 1312

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